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Please attach <u>current</u> HEADSHOT here. picture should look like YOU will during try-outs  Due May 17th:  This card Current Grade Check Signed Responsibilities Contract	attendance 5/2 5/3 5/4 5/5 Interview	Jumps	Motions	Comments	C Top Main 2 <sup>nd</sup>	EXP	
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PERSONAL STATEMENT: What does being a cheerleader mean to you? Why would you be an outstanding cheerleader at Rocklin High School? (100 words or less- Use space on the back of this card)

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## MEDICAL RELEASE

I certify that my child is physically capable to meet the demands of trying out for RHS Cheer. I also acknowledge that cheerleading could be dangerous and agree to provide proof of insurance below. I release Rocklin High School and the Rocklin Unified School District and its employees from liability for any injury incurred during the try outs.

In the event of an emergency occurring during the try-out process, I grant the school and its employees permission to take whatever action necessary. In the event that I cannot be reached, I hereby authorize Rocklin High School and/or its employees to give consent for my child to receive medical treatment. Parent signature date phone (during try-outs) **Insurance Company** Policy number Please list any condition that may affect your child during try-outs. (Asthma, allergy, diabetes...) PERSONAL STATEMENT: MEDICAL RELEASE I certify that my child is physically capable to meet the demands of trying out for RHS Cheer. I also acknowledge that cheerleading could be dangerous and agree to provide proof of insurance below. I release Rocklin High School and the Rocklin Unified School District and its employees from liability for any injury incurred during the try outs. In the event of an emergency occurring during the try-out process, I grant the school and its employees permission to take whatever action necessary. In the event that I cannot be reached, I hereby authorize Rocklin High School and/or its employees to give consent for my child to receive medical treatment. Parent signature date phone (during try-outs) **Insurance Company** Policy number

Please list any condition that may affect your child during try-outs. (Asthma, allergy, diabetes...)

## SENIOR

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PERSONAL STATEMENT: What does being a cheerleader mean to you? Why would you be an outstanding cheerleader at Rocklin High School? (100 words or less- Use space on the back of this card)

## SENIOR

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PERSONAL STATEMENT: What does being a cheerleader mean to you? Why would you be an outstanding cheerleader at Rocklin High School? (100 words or less- Use space on the back of this card)

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For Coach's use only.

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Position: Top Main 2<sup>nd</sup> Back

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PERSONAL STATEMENT: What does being a cheerleader mean to you? Why would you be an outstanding cheerleader at Rocklin High School? (100 words or less- Use space on the back of this card)

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For Coach's use only.

Strength:

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F exibility Jumps

Position: Top Main 2<sup>nd</sup> Back

Running: \_

Fight Song:

Tumbling Skills: Standing: \_

Sidelines:

Signed Responsibilities

Contract

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