

ROCKLIN CHEER

Team Guidelines and Expectations Acknowledgment Form

Cheerleader: _____ Team: _____ Date: _____

The purpose of our Team Guidelines is to provide parents and athletes with the expectations/rules for the Rocklin High School Cheer Program. By informing parents and athletes of these expectations in advance, we hope to avoid any misunderstandings or disciplinary actions during the season. Please contact the appropriate Coach or Advisor if you have any questions or concerns regarding these guidelines. Your signature below acknowledges that you have read and understood the guidelines and will support your athlete and coaches in the administration of these expectations.

Please complete the questions below, sign, and return at the New Squad Meeting

True or False: If a cheerleader misses school they cannot participate that day(practice/game/other). _____

Exceptions:

Missing a practice can result in missing a _____ at the discretion of the _____.

RHS Cheerleaders are allowed _____ unexcused absence(s) per season.

How many classes must an RHS Athlete attend to be eligible to participate that day? 50% 75% 100%

Minimum GPA for Academic Eligibility is: _____.

When is jewelry allowed to be worn: _____

True or False: Cheerleaders will be held accountable for their own social media presence. Discipline will be enforced for inappropriate behavior _____

Where can you find the RHS Athletics Code of Conduct? _____

The first step (after contacting the coach) in our Grievance process is a meeting between _____ and _____.

We have read the Rocklin Cheer Team Guidelines and agree to abide and accept the consequences outlined.

Parent(print) : _____ Parent (signature): _____

Parent(print) : _____ Parent (signature): _____

Cheerleader (print): _____ Cheerleader (signature): _____