

Welcome to Rocklin High School. My name is Davis Stewart and I am the principal of the school. I have been involved with RHS for over 20 years as a parent, coach, classroom teacher, Athletic Director and now as Principal. Having invested in our community for over two decades, I can honestly say that We are all in this together.... WE ARE ROCKLIN!

RHS is truly a special place, guided by the mastery learning philosophies that were started when the school began in 1993. This philosophy is defined by identifying essential skills and concepts and supported by our grading system not giving D's or F's, but instead giving students multiple opportunities to assess and reassess. Our intervention system, PLUS period built within the school day, is the keystone to our success. Please encourage your student to take advantage of these tools to increase their learning and success at RHS.

This school year, one area of focus is our wellness program and providing students with the tools and resources necessary to successfully deal with social-emotional demands of being a teenager. Through our partnerships with the RHS Parent Club and the REEF foundation, we are pleased to bring Roni Habib of EQ Schools to Rocklin High School. Our staff received in-depth professional development training on August 12<sup>th</sup> and many of the strategies he offered are now being implemented in our classrooms. His emphasis is to teach students self-regulation and mindfulness skills which will help them handle the stressors that many teens face in today's world. Through this proactive training, it is our hope that students will learn how to successfully manage anxiety and stress and live happier and more productive lives. These 21st Century skills are researched-based practices, which Roni presented to our students during an assembly and to our parents the same evening. Also, part of our wellness program will be the return of *Breaking Down the Walls* starting on October 31st. BDTW is a comprehensive program designed to unify, empower and engage every student to create a positive and supportive campus climate.

Another key component of our school is that we go to great lengths to connect students to the campus:

- Academically with our rigorous standards and curriculum and extensive course offerings
- Extra-Curricularly through our athletic and VAPA programs
- Co-Curricularly with our clubs and academic teams

It is proven that students who connect to something or someone on a high school campus increase their chance for success exponentially. We hope your student takes advantage of those opportunities.

There are many different people responsible for making Rocklin High School such a special place ... our faculty, counselors, support staff, custodians, district administration, and our grounds and maintenance team all have a role. We are very appreciative of the active role each of these groups plays on our campus and again testifies that we are all in this together.

Our Parent Club plays an active role on our campus, supporting many of our visions and goals. Over the past 4 years, they have built a solid foundation and have provided invaluable services for our school and community with the aforementioned wellness program funding and assistance of our 1:1 campaign by negotiating a discounted price for Chromebooks. The Parent Club also donated a 40 device Chromecart for student checkout and use in the Library. Becoming a member or participating in their pledge drive in October are a couple of ways you can show support. We are very appreciative of their efforts and generosity.

Rocklin High School is committed to your student's success as our success is directly related to theirs, and over our 24 years in existence, this partnership has proven itself time and time again. RHS is consistently being rated as the top, or in the top, high schools in the greater Sacramento area, in the state and our nation. We are very aware that much of our accomplishments are due to tremendous family and community support. We have every intention of keeping this tradition alive and we welcome your input and feedback in ways we can improve. **WE ARE ROCKLIN** and **WE** are in this together ...

Thank you for your support.

Davis Stewart  
Principal  
Rocklin High School