NAVIANCE PARENT LOGIN INSTRUCTIONS

Please log-in now

https://connection.naviance.com/rocklinhs

- 1. Click "I need to register"
- Registration code = your student's permanent ID + your relationship code*. (ex. 1234567M)
 - *Relationship codes: Mother = M Father = F Stepmother = SM Stepfather = SF Foster Mother = FM Foster Father = FF Court appointed guardian = CAG
- 1. During registration you will create your username and password for future use

CLASS OF 2017 PARENT INFORMATION NIGHT



Presented By:

Kelly Harris

Counselor – Class of 2017

&

AMBER TILLERY College & Career Center

TOPICS TO BE COVERED

Naviance

Preparing for Course Registration Summer School/Night School **Community Service College Admission Preparation** College & Career Center Resources Support Available for Students **Questions & Answers**

NAVIANCE

Login Instructions
Overview of Capabilities

Career Exploration
Resume Builder
College Exploration

Projects completed by grade level
Using Naviance as a family



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NAVIANCE CAREER PLANNING



Career Interest Profiler
Strengths Explorer
Cluster Finder
Favorite Careers and Clusters



family co	nnection			
courses		eers about me	🖾 my planner	
interesting things about me: > personality type > resume > game plan > documents > journal		me by selecting a type of entry fro I the tips displayed. When printing		sure what information to provide, you can iich entries you want to display, so we
survey history	Build Resume Sections Cus	stomize Your Printable Resumes]	
official things: > profile > inbox > account		add a new entry:	Objective Summary	nt to use in your resume
test scores surveys to take: survey history	OBJECTIVE To explore career options	is in education by obtaining em	Work Experience Education Volunteer Service Extracurricular Activities Awards/Certificates	I O
	SUMMARY 1. Excellent leadership i 2. Proven ability to instr 3. Reliable and self-mot	truct and assist students	Skils/Academic Achievement Music/Artistic Achievement Athletic Achievement References Leadership Additional Information	29

Simple drop down menus guide students to enter updating their resume regularly!!

Amber (sample) Tillery

atillerv@rocklin.k12.ca.us

Objective

To explore career options in education by obtaining employment as a teacher's aide.

Summary

Apr 13

- 1. Excellent leadership and communication skills
- 2 Proven ability to instruct and assist students
- 3 Reliable and self-motivated

Work Experience

Sales Associate
Roseville Galleria
Pottery Barn Kids
Grades 11,12
15 Hrs/Week

Assist customers with purchases. Operate computer cash registers. Stock and clean store.

Volunteer Service

Sep 13 - Present	Peer Tutor
	Rocklin High School Homework Help
	Grades 11,12
	1 Hours/Week
	Tutor fellow students in multiple subjects one hour a week after school.
Nov 13 - Aug 14	Volunteer
	Roseville, CA
	Placer SPCA
	Grade 11
	7 Hours/Week
	Total Hours: 70
	Assisted with animal socialization. Cleaned cages. Provided a foster home for kittens. Administered medication to sick animals.

Extracurricular Activities

Speech and Debate Club Grades 9,10,11,12
Participated in and helped plan speech and debate contests. Soccer Team
10 Hrs/Week

Awards/Certificates

Oct 13	Distinguished Community Service Award

Recognized for performing over 100 hours of community service

References Available Upon Request

NAVIANCE COLLEGE RESEARCH

Super Match

- Enter the things you are looking for in a college
- Get a list of schools that meet your criteria

Colleges I'm Thinking About

- Save schools you in which you are interested in one place
- Receive information on events and programs at these schools

College Match

See where others who are interested in the schools in your list are also applying

NAVIANCE SCOPE & SEQUENCE

Freshman Year - Career Interest Profiler*
Sophomore Year - Strengths Explorer*
Junior Year - SuperMatch College Search
Senior Year - College Application Tools

Every Year - Resume, Course Planner

*Please do not complete Career Interest Profiler or Strengths Explorer at home as your student will do them in class.

USING NAVIANCE TOGETHER

With Your Parent Login You Can:

*View assessment results and favorites lists *Research colleges and add to the "Colleges I'm Thinking About" list *Research careers and clusters *View resume, course plans, scholarship lists and more!

Naviance paves the way for great conversations about the future with your student! We encourage you to log in often to see what your child is up to and foster these conversations at home.



11th Grade Classroom Visits

February 10th and 11th in US History Classes

- **Review Transcript & complete Graduation Petition.**
- Passback sophomore counseling form to revise.
- Review where to find information on courses, college requirements, etc.
- Discuss AP Classes and approval process, CTE (formally ROP) courses, TA and Peer Tutor qualifications, etc.



GRADUATION PETITION



Rocklin High School

Graduation	n Verification	Petition	S	ocial Sci		a required	Visual	& Perfo	orming A	rts	Alea Io	Elect		eults regulieu
			Course		ester	Total Credits	Course		mester	Total Credits	Course		nester	Total
Name	it will appear on dip	loma	Comp Lit./Geog	Fall	Spring	Credits		Fall	Spring	Credits		Fall	Spring	Credits
Student #			World History	-			Substitution,	retake,	waiver, ex	emption		1		
Student #			U.S. History				1.							
Phone #			Gov/Econ.	-			2.							
Area 1		dits required	Substitution	, retake, wa	aiver, exe	emption	3.							
Language	Arts Commun		1.											
Course	Semester Fall Spring	Total Credits	2.				Area 8		10 credi	ts required				
LA/Com I			3.				Technolo		mester	Total				
LA/Com II			Area 5			ts required	Course	Fall	Spring	Credits				
LA/Com III				reign Lan										
LA/Com IV			Second year of for	tign language is Semes		der electives Total	Substitution,	retake, v	waiver, exe	emption				
Substitution,	retake, waiver, e	emption	Course	Fall	Spring	Credits	1.							
1.							2.							
2.			Substitution	, retake, w	aiver, exe	emption	3.							
Area 2	30.00	dits required	1.											
	Athematics	uns required	2.				Area 9	Heal		its required				
Course	Semester	Total Credits	3.		l		Course		mester	Total	I		L	
Algebra 1	Fall Spring	Credits	Area 6			ts required		Fall	Spring	Credits				
Geometry		+		vsical Edu Semes		Total	Health					CAH	SEE	
Math Elective		+ - 1	Course	Fall	Spring	Credits	Substitution,	retake,	waiver, ex	emption	ELA:	Passed	Not Pa	ssed
			P.E. I				1.	-	_	<u> </u>	Math:	Passed	Not Pa	
Substitution,	retake, waiver, e.	xemption	P.E. Elective				2.							
1.			0.5.5											
2.			P.E. Elective	-			Community	Service		cumented.	!	Petition St	atement	
Area 3		dits required	Cubatit for		aivas c	mation				ounoneu.	E			
	Science		Substitution	, retake, w	alver, exe	emption					Have filed			
Course	Semester Fall Spring	Total Credits	1.				(Minimum of				and to the			
Biology			3.				docume	nted prio	or to senior	year)	true reflect			
Science Elective			3.			L	If not yet co	mplete,	what is v	our plan?	at Rocklin			
Science Elective			RHS Sports Te	ame Plave	t Circl	le Grade					receive my		the po	licies to
Science Elective			1	-							l scene my	apionia.		
Substitution	retake, waiver, e	remotion	2								Student Signa	ture	r	Date
			3.			10 11 12								
			4			10 11 12					Parent Signat			Date
L*											arent Signat	010		Date

Fill in the semester grades for each class you have completed

Name	Stu. #		Date	
Email Address		klin High School	Class of	
	Soph	omore Counseling		
Total Credits for Graduation =		Credits Earned:	GPA:	
Extracurricular Activities, Hono	rs//Recognition	n: Student to keep track of	f this information.	
Community Service				the end of
junior year. Visit the College and Ca				
Nat. Reso	urces/Environme		ation Human/Social	Services
College Plans and Career Interes		-	aity College Vocational	Military
	College 1	Entrance Exams Plan		
PSAT/SAT		SAT II (UC)	erent domains recommen	and for HC)
	dents must reg	(SAT II: 2 tests in an gister at the following websi		160 101 0.03
		board.com www.act.org	1101	
Discussed:		2		
- Transcript Review		CAHSEE		
— Graduation Status		Summer School		
		Alt Ed Onlings		
ROP	e elizibility)	Alt. Ed. Options	scenter org	
		NCAA www.ncaaeligibilit	ycenter.org	
ROP MYIP (Night School – not for colleg	be retaken for gr	NCAA <u>www.ncaaeligibilit</u>		
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(Revised 4/22/13)

PLANNING FOR COURSE REGISTRATION

- Review courses in Naviance and/or Academic Planning Guide (found on the RHS counseling website).
- Student/parent conversation about courseload.
- Student/teacher conversations to gather input and recommendations.
- Attend AP Class Information Sessions (if applicable).
- Consider CTE Works classes <u>www.cteworks.com</u>
- Review A-G courses/requirements if you are thinking about applying to a CSU or UC for college.

The are

 Complete form for Advanced/Honors/AP courses if applicable (in upper level Foreign Language courses)

ADVANCED PLACEMENT (AP)/ HONORS COURSES

- AP Classes are College Level Courses!
- We recommend taking no more than 3 per year.
- Rigorous curriculum Weighted
- Check pre-requisites
- **\$91.00** AP exam fee



- Score of 3 or higher on AP exams may earn college credit and/or advancement <u>at some universities</u>. Credit policy information: <u>https://goo.gl/W6bsKo</u>
- AP Informational Meetings for prospective students
- Must have teacher and parent approval sign off on approval forms.

AP INFORMATION MEETINGS

<u>CLASS</u>	DATE/TIME	LOCATION
AP BIOLOGY	Tuesday, February 2/Break	F1 - DeMaria
AP CALCULUS AB	Monday, February 1/Break	K3 - McCullough
AP CHEMISTRY	Wednesday, February 3/Lunch	F2 - Werner
AP COMP. SCIENCE	Monday, February 8/Brunch	R29 - Clarion
AP ENGLISH LANGUAGE	Friday, January 22/PLUS	TLH
AP ENGLISH LITERATURE	Monday, February 1/1:00pm	TLH
AP ENV. SCIENCE	TBD	TBD
AP GOVERNMENT	Wednesday, January 13/Break	L2 - Crowe
AP MICROECONOMICS	Monday, February 22/Break	L1 - Hardy
AP MUSIC THEORY	Tuesday, February 2/Lunch	B2 - Douglass
AP PHYSICS 1	Monday, February 1/Brunch	R29 - Clarion
AP PSYCHOLOGY	Thursday, February 4/PLUS	R1 - Sturgeon
AP STATISTICS	Thursday, February 18/PLUS	K6 - Trejo
AP STUDIO ART – 2D	Friday, February 5/PLUS & Lunch	M1 - Tackett
AP STUDIO ART – DRAWING	Thursday, January 14/PLUS & Lunch	C4 - Hayes
AP US HISTORY	Monday, January 25/Break	L6 - J. Benzel
AP WORLD HISTORY	Thursday, January 14/Break	TLH

UC/CSU MINIMUM ENTRANCE REQUIREMENTS (A-G)

- 4 years Language Arts
- 2 years Social Studies
- 3 years Math (4 years recommended)
 - Must include Algebra I (Int. I),
 Geometry (Int. 2), & Algebra II (Int. 3)
- 2 years Lab Science (4 years recommended)
 - Must include one year Physical Science & one year Life Science (Biology and Physics or Chemistry required)

- 2 years Foreign Language (3 years recommended)
- 1 year Visual & Performing Arts
- 1 year College Prep Elective from A-G approved list
- SAT Reasoning Test or ACT
- SAT Subject Tests(UC only -Some majors RECOMMEND)

<u>A-G COURSE</u>

LIST

	a-g Approved Course List	
A – HISTORY/SOCIAL STUDIES	Advanced Placement Chemistry	Fashion Design and History (ROP)
Advanced Geography Cultures	Advanced Placement Environmental Science	Graphic Communications I
World History	Advanced Placement Physics 1	Graphic Communications II
Advanced Placement World History	Advanced Placement Physics 2	Guitar Lab
U.S. History	Advanced Placement Physics C: M	Mass Media
Advanced Placement U.S. History	Advanced Placement Physics: E & M	Men's Chorale
Advanced Placement Government*	Integrated Animal Science (ROP)	Photography I
		Photography II
B – ENGLISH	E – FOREIGN LANGUAGE	Photography III
Language Arts I	French I	Photography IV
Language Arts I Advanced	French II	Photojournalism I
Language Arts II	French III	Photojournalism II
Language Arts II Advanced	French III Honors	Piano Lab
Language Arts III	French IV Honors	Publications Design I
Language Arts IV	Spanish I	String Orchestra
Advanced Placement English Lang & Comp	Spanish II	Symphonic Band
Advanced Placement English Lit & Comp	Spanish II Advanced	Technical Theatre
	Spanish III	Theatre Arts I
C – MATHEMATICS	Spanish III Honors	Theatre Arts II/III
Integrated Math 1	Spanish IV Honors	Theatre Arts IV
Integrated Math 2 (pending approval)		Video Production (ROP)
Advanced Integrated Math 2 (pending	F- VISUAL AND PERFORMING ARTS	
Algebra II	Art I	G - ELECTIVE
Advanced Algebra II	Art II	Advanced Placement Computer Science A
Math Analysis	Art III	Advanced Placement Microeconomics*
Pre-Calculus/Trigonometry Honors	Art IV	Advanced Placement Psychology
Statistics	Advanced Placement Studio Art - Drawing	Advanced Digital Art
Advanced Placement Calculus AB	Broadcasting I	Broadcasting II
Advanced Placement Calculus BC	Ceramics & Sculpture I	Engineering Support Technologies I
Advanced Placement Statistics	Ceramics & Sculpture II	Fashion Design & History (ROP)
	Ceramics & Sculpture III	Forensic Science (at WHS)
D – LABORATORY SCIENCE	Advanced Placement - 3D Design	Government/Economics
Biology	Chamber Choir	Journalism I
Advanced Biology	Concert Band	Journalism II
Principles of Biomedical Science	Concert Choir	Journalism III/IV
Chemistry	Advanced Women's Ensemble	Journalism: Production Management
Chemistry Honors	Advanced Placement Music Theory	Psychology**/Sociology**
Physics	Dance I	Publications Journalism II
Physics Honors	Dance II	Speech & Debate
	Dance II Dance III	Speech & Debate Sports Medicine Careers (ROP)
Physics Honors Geology		Sports Medicine Careers (ROP)
Physics Honors	Dance III	

"a-g" Approved Course List

NAVIANCE COURSE PLANNER

			danner .
	RHS Graduation Requirements Draft Plan 5 (click to rename) Rocklin High		
REQUIREMENTS	COURSES	YOUR DRAFT PL	AN
RHS Graduation Requirements	Your plan at a glance:	Grade 9	
Language Arts 🛛 🛷	Min. required: Max. allowed: In your plan: You still need: Completed:	Advanced Biology	×
Health 🔺	A60.00 cradit(s) 0.00 cradit(s) 220.00 cradit(s) 40 cradit(s) 0 cradit(s)		
Technology 🛷	V	Journalism I	×
sual and V rforming Arts	Mathematics Please select three math courses. If you did not complete Integrated Math 1 (Algebra 1) and/or Integrated Math 2	Language Arts I	×
inguage	(Geometry) in middle school, you must include those CREDITS specific courses in your high school plan. If you would	PEI	×
nysical 🔺	like to take additional math courses beyond the required IN TOR PLAN (0) STILL NEEDED (30) 30 units, please select them from the "General Electives" category.	Spanish I Grade 10	×
ience 🛷	Please choose 30 credits from the following courses:	Arti	×
ocial Studies 🛛 🛷	Filter List by: Subject Area All Grade Level All	Chemistry/Chemistry Hor	
athematics 🔺	Advanced Integrated Math 2 10 credit(s)	Dance I	×
Seneral Electives 🔺	AP Calculus AB 10 credit(s)	Language Arts II	×
	AP Calculus BC 10 credit(s)	Spanish II	×
	AP Computer Science Principles 10 credit(s)	World History	×
	AP Statistics 10 credit(s)	Grade 11	
	✓ Integrated Math 1 10 credit(s)		
	✓ Integrated Math 2 10 credit(s)	AP Chemistry	×
	Integrated Math 3 10 credit(s)	Art II	×
	<u>Math Analysis</u> 10 credit(s)	Language Arts III	×
	Peer Teach-Math 10 credit(s)	Spanish III	×
	Precalculus/Trigonometry Honors 10 credit(s)	US History	×
	Statistics 10 credit(s)	Grade 12	
	Add selected courses to your draft plan	AP Biology	×
	rigg periodical contracts to four mark high	AP Government	×
		Art III	×
		Language Arts IV	×
		Seenish IV Heners	×

COURSE PLANNER PRINT-OUT

Be sure to "View By Grade Level" before printing!

Your plan at a glan	ice:				
Min. required: 260.00 credit(s)	Max. allowed: 0.00 credit(s)	In your plan: 300 credit(s)	You still need: 0 credit(s)	Comple 0 credit	
GRADE 9					
course		requirement	CREDITS PLAN	NNED	CRE
Advanced Biolog	v	Science	10	0	
Culinary I (Begin		General Electives	10	0	
Geography and	Culture	Social Studies	10	0	
Integrated Math	1	Mathematics	10	0	
Journalism I		Technology	10	0	
Language Arts I		Language Arts	10	0	
PEI		Physical Education	10	0	
Spanish I		Foreign Language	10	0	
			80 credit(s) planne	d for Grade	9
GRADE 10					
course		requirement	CREDITS PLAN	NNED	CRE
AP Physics I		General Electives	10	0	
Art I		Visual and Performing Arts	10	0	
Chemistry/Chemistry Honors		Science	10	0	
Dance I		Physical Education	10	0	
Integrated Math	2	Mathematics	10	0	
Language Arts II		Language Arts	10	0	
Spanish II		Foreign Language	10	0	
World History		Social Studies	10	0	
•			80 credit(s) planne	d for Grade	10
GRADE 11					
course		requirement	CREDITS PLAN	NNED	CRE
AP Chemistry		Science	10	0	
AP Physics II		General Electives	10	0	
Art II		Visual and	10	0	
Auth		Performing Arts	10	0	
Integrated Math :	3	Mathematics	10	0	
Language Arts II		Language Arts	10	0	
Leadership (ASE		General Electives	10	0	
Spanish III	<i>'</i>	Foreign Language	10		
US History		Social Studies	10	0	
			80 credit(s) planne	d for Grade	11
GRADE 12					
course		requirement	CREDITS PLAN	NNED	CRE
AP Biology		Science	10	0	
AP Government		Social Studies	10	0	
		Visual and			
Art III		Performing Arts	10	0	
		Declarming Ada		0	

Language Arts

Mathematics

Foreign Language

Language Arts IV

Spanish IV Honors

Statistics

10

10

10

0

0

0

60 credit(s) planned for Grade 12

Advanced/Honors/AP Course Approval: Grades 10 - 12

Student Name:

Class of:

PARENTS & STUDENTS: If you approve your student's choice to enroll in an Advanced/Honors/AP course, the RHS expectations are as follows (AP students – please also complete reverse side of this form):

- Student must meet course pre-requisites in order to request course—Refer to the Academic Planning Guide on the RHS Website or Naviance Course Planner.
- If a student does not meet pre-requisites, student will need to contact current teacher prior to the end
 of the semester to re-assess placement and will only be placed in class based on availability.
- Each AP course has a college level homework load of two hours per course per night.
- All RHS courses are yearlong courses.
- College course credit varies by university for AP courses. Students are responsible for checking the
 policy at specific institutions: <u>https://apscore.collegeboard.org/creditandplacement/search-credit-policies</u>
- Students enrolled in AP/Honors/Advanced courses may choose to drop to the regular level of the course
 during the first three weeks of school with approval/signatures of parent and teacher.

STUDENTS WERE ENCOURAGED TO ATTEND INFORMATIONAL MEETINGS REGARDING COURSE EXPECTATIONS. IF YOU HAVE QUESTIONS, PLEASE SEE TEACHER DIRECTLY.

I understand the requirements for Advanced/Honors/AP courses and approve selections indicated below.

Parent Signature

Student Signature

Date

<u>TEACHERS</u>: A signature at the next level course indicates that this student is meeting the pre-requisites for the specified advanced course in your department. Students will not be placed in an advanced level course without a teacher signature.

COMM TECHNOLOGY Current Cou	rse:1 st semester grade: Current grade:
AP Computer Science (A or P)	AP Studio Art (2D)
(Requires Mr. Clarion's approval - circle A or P)	(Requires Ms. Tackett's approval)
FOREIGN LANGUAGE Current Cou	rse:1 st semester grade: Current grade:
Spanish II / II Adv. / III / III (H) / IV (H)	French II / III / III (H) / IV (H)
LANGUAGE ARTS Current Course:	1 st semester grade: Current grade:
LA II Advanced	AP English Language
AP English Literature	
MATH Current Course:	1 st semester grade: Current grade:
Precal/Trig Honors AI	P Statistics
AP Calculus AB AF	Calculus BC
SCIENCE Current Course:	1 st semester grade: Current grade:
AP Biology A	P Chemistry AP Environmental
AP Physics 1 AP Physics 2 _	AP Physics C-M AP Physics C-EM
SOCIAL STUDIES Current Course:_	1 st semester grade: Current grade:
AP World History AI	PUS History AP Microeconomics
AP Government AH	Psychology
	ist have current Language Arts or Social Studies teacher approval)
VAPA Current Course:	1 st semester grade: Current grade:
AP Studio Art AP Mu	sic Theory AP Studio Art (3D)
YOU MUST COMPLETE THE AP CONTRACT ON T	HE REVERSE SIDE OF THIS FORM IF YOU ARE REQUESTING AN AP COURSE!

ROCKLIN HIGH SCHOOL AP CONTRACT

In order to ensure the best possible AP experience for our AP students, please read the information below to verify that you and your student understand and agree to the expectations of the AP program at Rocklin High School.

Students should be fully aware of what to expect in an AP course. Please review the following criteria with your student:

- Students should have attended the mandatory AP informational meeting for the AP course(s) he/she is requesting for the 2016-17 school year to learn the expectations of the AP class, required summer work, homework expectations, and other requirements. Meeting schedule is posted on the school website and will be advertised to students in the morning announcements.
- Students must carefully check pre-requisites for the AP course in the Academic Planning Guide and ensure they have met the requirements.
- Students should carefully consider the rigor of courses selected and the amount of time needed to complete homework in all courses.
- It is crucial to balance co-curricular time required for students involved in extracurricular activities. <u>Please note the Counseling Department recommends NO more than three Advanced/Honors/AP courses in a given year.</u>

By signing this contract, I verify the following:

- We have taken the time to learn about course-specific expectations (such as summer work requirements and the amount and types of outside work required) and we feel we understand what it will take to be successful.
- We understand that each AP course has a college level homework load of two hours per course per night.
- We have discussed the number of high-level courses requested and extracurricular commitments and believe the load is manageable.

If you would like to discuss course options, rigor, or schedule, please feel free to contact your student's counselor by calling the Counseling Department at 916.632.1600, ext. 6110.

If you would like to discuss the specifics of the course(s) in which your students would like to enroll in, please contact the AP teacher. Teacher contact information can be found on our school website.

Student:

I ______ have attended the mandatory meeting(s) for each AP course in which I would like to enroll held by the instructor. I am clear on the expectations and rigor of the course and understand that there is a three week deadline to drop the course.

Student Signature:

___Date:

Parent:

I ______ understand the expectations of the AP course(s) that my son/daughter has requested and approve of their choice.

Parent Signature:

Date:

Course Selection with Counselor

- 11th Grade Course Registration- Monday, Feb 29 Friday, March 4- (Students released from Language Arts classes to meet with Counselor)
- Students must bring the following with <u>WITH PARENT</u> <u>SIGNATURE</u> in order to meet with their counselor:
 - Completed Graduation Petition
 - Revised Course Selection form (with three to four alternates) we cannot guarantee classes beyond
 - Advanced/Honors/AP request form (if applicable)
 - TA/Peer Teacher request forms (if applicable)
 - Highly encouraged to bring printed Naviance Course Planner (printed by year)

SUMMER SCHOOL/NIGHT SCHOOL

- Credit Recovery for courses needed to fulfill graduation requirements.
- Summer school
 - registration forms will be available in April.
 - Two sessions (am/pm) each session is one semester credit per class. Maximum grade of C can be earned
 - Dates TBD. Please check back.
- Night School:
 - available fall & spring semester.
 - Night School classes do <u>NOT</u> fulfill four year college eligibility requirements. (pass/no pass credit only).



- 25 hours required for RHS graduation
- Non-Profit agency or organization
- May be completed as part of a club, team, family, or individual effort.
- Opportunities and contracts available in the College & Career Center and online <u>http://goo.gl/p7jWGS</u>
- All hours <u>MUST</u> be documented.
- Hours must be completed by the end of the Junior Year.

COLLEGE PREPARATION



Testing College Search Applying **FAFSA** Assist-a-grad **NCAA**

COLLEGE ADMISSION TESTING REQUIREMENTS

- We recommend testing spring of junior year & retaking early fall senior year if needed.
- **SAT** or **ACT** it is your choice, schools do not require both
- ALWAYS take the optional essay portion
- Community Colleges do not require testing
- Lots of test prep options: <u>http://goo.gl/B4N1au</u>
- Financial assistance for testing and prep available to those with demonstrated financial need (do you qualify for free or reduced lunch?)



- SAT Reasoning Test Registration <u>www.collegeboard.org</u>
- RHS hosts every Saturday test date, but fills up fast, so register early
- SAT Subject Tests Determine if specific college/major will recommend/require.
- Changes Beginning March 2016

ACT

ACT Registration - <u>www.act.org</u>

RHS hosts every Saturday test date, but fills up fast, so register early

FINDING YOUR BEST FIT

COLLEGE

Academically

- Major
- Selectivity
- Class Size
- Research/Internship
 Opportunities
- Support Services

Socially

- Clubs/Activities
- Athletics
- Greek Life
- Housing
- Atmosphere
- Distance from home

Financially

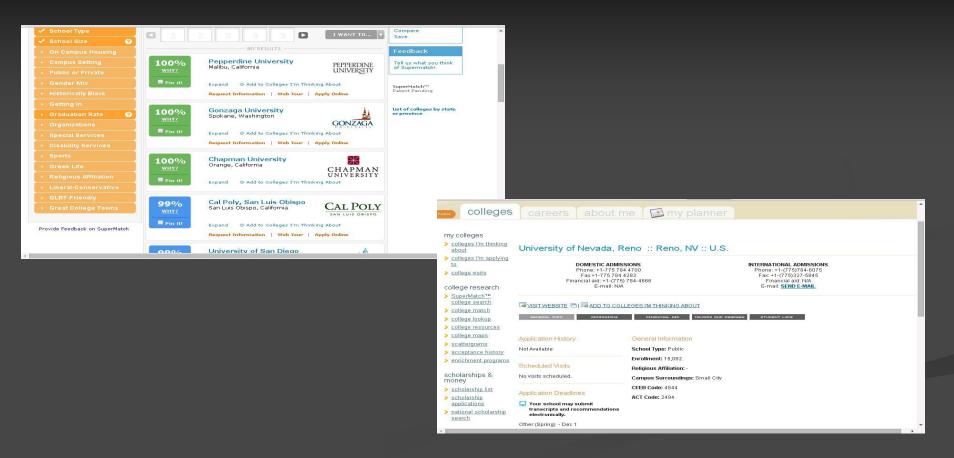
- Total Cost of Attendance
- Financial Aid Available
- Average Time to Graduation
- Graduate/Professional School Next?

COLLEGE RESEARCH WITH NAVIANCE





COLLEGE RESEARCH WITH NAVIANCE



<u>APPLYING TO CSU'S</u>

- Separate application for each of the 23 universities, but the apps will pre-fill after completing the first one.
- Application opens on October 1 and closes November 30.
- College Prep GPA (10-12th) includes all courses taken from our A-G course list (found in the Academic Planning Guide)
- No personal statement essay required.
- SAT or ACT CSU may "superscore" the SAT not the ACT.
- Exception: Cal Poly will review grades earned 9th 12^{th,} contains additional questions on application.
- More information at <u>http://www.csumentor.edu/</u>

APPLYING TO UC'S

One application for all 9 campuses (application fee for each) Application opens August 1. Submission window November 1-30 College Prep GPA (10-12th) – includes all courses taken from our A-G course list (found in the Academic Planning Guide). SAT or ACT score on single test date. Holistic review includes consideration of Community Service, Awards, Activities, Employment (Leadership Roles!) Personal Statement – 1000 words for both prompts Helpful hints: <u>http://goo.gl/f3KFwq</u>

APPLYING TO PRIVATE/ OUT OF STATE SCHOOLS

Check application deadlines for prospective schools – can vary school to school. Understand Early Action, Early Decision and Priority Deadlines

Confirm testing requirements (SAT/ACT)

Common Application Schools

Request letters of recommendation early - Teachers,
 Counselors, Others

• One personal statement essay; may have supplemental questions or writing.

Request official transcripts early.

APPLYING TO SIERRA COLLEGE

Simple process to get started at Sierra! - <u>http://www.sierracollege.edu</u>
Attend Parent Information Nights senior year
The Application

Apply online at home or at an application workshop in the RHS CCC

- Take Accuplacer placement exams at Sierra College or RHS if needed
- Complete online orientation
- Schedule new student counseling session

Transfer Agreement Guarantee (UC)
Associate Degrees for Transfer (CSU)
Certificates/Training



2016-2017 SCHOOL YEAR

- FAFSA Available January 1, 2016
- FAFSA uses prior tax year info (2015)
- First award letters mailed in February/March
- Cal Grant FAFSA and GPA deadline -March 2, 2016

- **2017-2018 SCHOOL YEAR** FAF<u>SA Available October 1, 2016</u>
- FAFSA uses prior-prior tax year info (2015)
- First award letters may be sent prior to New Year
- Cal Grant FAFSA and GPA deadline ???

ASSIST-A-GRAD



Assist-a-grad is our in house scholarship program. Scholarships are created by local donors and are available to our student only. Last year we awarded \$80,000. Students apply via a common application during the month of March.



SUMMER APPLICATION WORKSHOP

August 1-5 - morning or afternoon session

Find best fit colleges

Get organized

Prepare your resume

Understand what colleges are looking for in applicants

Get advice from recent RHS grads, counselors, teachers and college admission reps

Complete the UC and Common Applications as well as prepare for the CSU Application

- Request official transcripts, test scores and letters of recommendation
- Complete at least one personal statement essay with feedback from experts

This program is designed to prevent procrastination and alleviate stress caused by the college application process

VISIT THE COLLEGE & CAREER CENTER



- College/Career Exploration & Planning **College Application Workshops Presentations from College Representatives** College/Vocational/Trade School Information **Military Career Information SAT & ACT Information Community Service Opportunities & Contracts** Work Permits Homework/Tutoring (Tues./Wed./Thurs.)
- Financial Aid & Scholarships

RHS CCC ON TWITTER

@RHScollegebound

RESOURCES & SUPPORT

Teachers

Communicate – Email is most efficient
 Available to meet with students at PLUS, before/after school

Encourage your student to communicate



RESOURCES & SUPPORT

Counselors

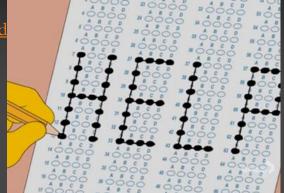
 Academic, Personal & Social Support
 High School & College Prep Planning
 Peer Counselors (Personal/Conflict Mgt./Academics)



RESOURCES & SUPPORT

Other Resources

- Academic Planning Guide <u>http://goo.gl/Le3Hgd</u>
 Course descriptions and requirements
 - Graduation requirements
 - College eligibility and requirements
 - SAT/ACT Testing Information
 - Recommended Path of Courses for College Bound Students
 - UC/CSU A-G Course List
 - CTE Course Offerings (11th & 12th grades)
- Edline & Schoology
- Homework/Tutoring Tues thru Thurs 2:40-3:30pm (CCC)
- > PLUS additional 30 minutes before lunch to meet with teachers
- Student Planner/Daily Announcements



Student Mental Wellness

FACTS...

- 1 in 5 people between the ages of 12 and 24 have a diagnosable mental health disorder in any given year. (Mayo Clinic research)(NCCP. org, Columbia University, 2015) This would equate to approximately 387 students at Rocklin High School alone. This does not include episodic events teenage students deal with on a regular basis such as pressures of school, illness, relationship issues, grief, etc.
- 80 percent of kids with a diagnosable anxiety disorder and 60 percent of kids with diagnosable depression are not getting treatment.
- "One in four adolescents will have an episode of major depression during high school with the average age of onset being 14 years." (Placer County Office of Education and California School Health Centers Association 2015)
- Social/emotional health issues transcends all socio-economic and achievement levels of students and their families. It presents itself in a variety of ways. In high achieving student it is more likely to present itself in lying, cheating, theft, and drug use. (Atlantic Dec 2015)

Student Mental Wellness

Student mental health is a priority at RHS

- Grassroots effort lead by teachers and staff
- We are actively working with the district to address the need to support the mental health of our students
 - proposing Wellness Center, on-campus therapists, etc.
- Friend 2 Friend (peer mental health trainings)
- Teacher mental health trainings (increase awareness and how to respond)
- Recognize National Mental Health Awareness month in May
- Partnering with outside agencies to increase resources available to families (Kids First, Lighthouse, etc.)
- Wellness guest speaker series- just beginning!
- NAMI On Campus in formation stages

Student Mental Wellness

What to do if you are concerned about your student:

- Start with a conversation- just listen (preferably <u>without</u> comments, judgement, advise).
 - Consider taking them to their primary care physician and ask for a referral to a therapist or take them directly to a therapist of your choice. Many therapists offer reduces fees based on financial need.
 - <u>Communicate with your student's RHS counselor</u>, so that they are aware of concerns and can help at school. They can help you communicate with your students teachers, access resources, etc.







ANSWERS!